

AN INTRODUCTION **TO** *Natural* **HYGIENE**

by

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Human Life: Its Philosophy and Laws

The Hygienic System (7 Vols.)

The Hygienic Care of Children

Basic Principles of Natural Hygiene

Food Combining Made Easy

Etc., Etc.

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SO LONG as people are too stupid to seek a saving knowledge, they will want some one to *cure* them; if not with drugs and surgery, then with electricity and baths, a punch in the back or some other equally stupid practice. So long as they refuse to learn how to live to get well and how to live to stay well, they will continue to be duped by *cure* mongers and treatment peddlers who bring out *cures* in such rapid succession that it is impossible to keep up with all of them. They will pay high prices for sickness insurance because they refuse to learn to stay well. When they demand knowledge and refuse longer to accept the ancient medical myths and superstitions, knowledge will be forthcoming.

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